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SPECIAL 100TH ISSUE

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Michelle Obama

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Red-carpet KATE

Want to know how the A-list preps for a big night out? Down-to-earth megastar Kate Winslet reveals her top-secret tricks

With a summer of high-profile premieres, most Hollywood actresses will have topped up their Botox by now. Maybe even thrown in a filler or two. A quick tuck behind the ears, perhaps? Not Kate Winslet. "I don't believe in cosmetic adjustments," she says. "Natural beauty is very important to me."

We're talking to Kate in her seventh year as ambassador for Lancôme. There's a world tour looming to promote her new drama *Labor Day*, plus lots of column inches following her recent third marriage (to Richard Branson's nephew, Ned Rocknroll), so we'll be seeing a lot of Kate in all her no-airbrush-required glory this summer. If needles and knives are a no-go, how does she always look so refreshed and

clear-skinned? "Over the years I've learned how to relax!" she laughs. "Gone are the days when I had to prepare myself mentally for an event. But I do get my skin in shape with serum and a facial."

As for make-up, Kate's iconic power-lip is her secret weapon. "I love the timelessness of a true red lipstick. It reminds me of being a little girl playing dress-up and using the last scrapings of my mother's red lipstick. Little did I know how classic my choice

1- 自分のビューティーアドレス帳には誰が入っていますか。

レッドカーペットに登場する前に、フェイシャル施術を2回受けます。アメリカにいる時は、トレシー・マルティン (traciemartyn.com) のサロンへ行き、イギリスにいる時には、ハルレー・ストリートにいるフェイシャルセラピスト、グレンダ・バルトンのところへ行き、インディバ・フェイシャルを受けます。

"My beauty secrets"

1 Who's in your beauty address book?

"Before a red-carpet appearance, I try to get a couple of good resculpting facials. In the US, I visit Tracie Martyn (traciemartyn.com) and in the UK, I have Indiba facials with Glenda Barton, a facialist on Harley Street (£150; call 020 8416 3939)."

2 Which at-home treatments do you swear by?

"I use Lancôme Rénergie Multi-Lift Reviva-Plasma Serum, £79 (below left) - it's lightweight and visibly lifts the skin."

3 How do you prep in the weeks before a big event?

"Even though I don't drink much, I avoid alcohol completely for a couple of weeks beforehand. And the same goes with salt: it can make the eyes puffy."

use lipstick to define your look to glamorous. Which is your favourite?

Lancôme L'Absolu in shade 132, £22 (below right and below). ●